

Ending Violence against Women

Where Do We Begin?

- Abuse of women and children is condemned in Islam. Abusive men are completely disregarding the Islamic teachings of kindness, mercy, and forgiveness, just as they are disregarding the example of the Prophet ﷺ, who never hit a woman or child and was extremely gentle and compassionate with his entire family.
- Domestic violence is preventable by building Imaan (faith) in Allah ﷻ, fear of severe accountability on the Day of Judgement and by improving Akhlaaq (character).
- Pre-marital counselling programs can help future spouses learn skills that will assist them in developing a violence-free family life. Anger management, communication skills, decision-making, stress management, and problem solving skills are also very important life skills that can help to prevent domestic violence.
- As Muslims, we must stop covering up abuse, in the name of "preserving family honour" for verily, the honour of Allah ﷻ, is above all honour.
- Community leaders need to educate people about the problem and about efforts to help victims and prevent future abuse through Friday sermons, educational seminars and workshops.
- There is a need to establish classes to teach Muslim men, young and old, how to be proper husbands and fathers and to teach Muslim women, young and old, how to be proper wives and mothers.
- Shelters are needed for women and children seeking a safe, protective, Islamic environment. Islamic Social Services are needed to provide preventative education, support and crisis intervention.
- Let there be zero tolerance for violence against women and children!!

Spread the word! Stop the hurt!

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