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COMMEMORATIONS & REFLECTIONS OF **25 YEARS**

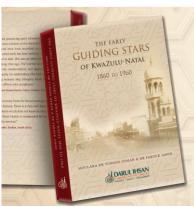
All praise belongs to Allah Ta'ala alone, in the beginning and in the end. Salutations and peace be upon His final and most noble Messenger, Nabi Muhammad r, and upon his blessed family and illustrious companions, forever and forever.

"And whatever favour you have, it is from Allah;" Surah An Nahl (16:53)

This Ouranic verse is a reminder that the gifts and bounties we enjoy are directly from Allah. All blessings, big or small, seen or unseen, known or unknown: are from Allah and belong to Him. Man does not own anything, but is

a trustee of these bounties. All favours and trusts will be returned to Allah. Hence, we must be deeply appreciative of the bounties bestowed upon us and express our gratitude to Almighty Allah by word and deed and also reflect regularly upon His favours how to preserve them and share them with Allah's servants.

This publication titled "Commemorations and Reflections of 25 Years" captures the 25-year journey of Darul Ihsan Centre and highlights the salient milestones and achievements of its journey. This journey could never have been undertaken without the divine help of Allah Ta'ala and the unwavering support of His sincere servants,



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our board members, staff, donors, volunteers, well-wishers, and supporters.

It is through the collective effort of all these role-players, under the umbrella of Allah's mercy, that Darul Ihsan has been able to traverse this journey.

A vital pillar of our success has been the heartfelt duas, guidance, and support of our pious elders, esteemed scholars and honoured guests. These luminaries not only graced the Centre with their presence, but also enriched us with invaluable advice, encouragement, earnest prayers and letters of commendation.

Alongside our milestones, this brochure also presents some of these messages of support. Darul Ihsan continues to depend upon the blessed duas of such personalities.



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A humble appeal for ongoing dua is directed to the honourable readers for the continuous growth, consolidation, success and acceptance of Darul Ihsan.

Was Salam Zubair Bayat (Mufti) Ameer, Darul Ihsan Centre 30 November 2025



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PROPHETIC TEACHINGS

By Mufti Muhammad Taqi Usmani (Hafizahullah)

The Noble Prophet # taught us the true way of living. Today, we have come to regard many things as 'religion' without understanding what the Prophet # actually taught. What was his way? When he would rise for Tahajjud, the blessed narrations tell us how he rose from his bed: "Qama ruwaidan" he stood up slowly, "wa fata a al-baba ruwaidan" and he opened the door gently.

Why? So that his rising would not disturb the sleep of our mother, A'isha (RA) who would have gladly sacrificed not just one sleep, but millions of moments of rest for Nabi . Yet the Prophet taught us: If you wish to perform your worship, do it in a way that does not cause harm or inconvenience to others.

This is uquq al-ibad (the rights of people) which the Messenger of Allah taught us. Today, if we speak about any religious matter, we feel the need to broadcast it, regardless of whether someone is sleeping, sick, or even dying. No one pauses to think that this could actually be sinful.

THE TRUE ESSENCE OF ISLAM

Today, we have confined the word "religion" to a few outward acts: praying, fasting, giving some zakat, and performing Hajj or 'Umrah if granted the means. These acts are great blessings in themselves, but Islam is not limited to them.

The knowledge of fiqh consists of four major parts: only one part relates to worship (ibadat), and the other three parts relate to the rights of people.

But we have completely removed uquq al-ibad from our understanding of religion. Hardly anyone reflects on the possibility that they may have sinned, violated what is unlawful, or done something that incurs Allah's displeasure. Remember, if someone infringes upon another's rights, no repentance will avail them until the wronged individual forgives.

This matter is of great importance. Sadly, it has become common in our time for people to cause harm, create hardship, and deny others their rightful due. Our religion is not merely the name of a few outward rituals, it guides us in every aspect of life.

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MODERATION IN SPENDING

Islam advocates balance and moderation in all aspects of life. The Qur'an orders us to avoid extravagance or extremism in our practices.

Moderation in all matters is essential for sustainability and consistency. Engaging in extremes is detrimental and leads to frustration and failure.

In the Qur'an, Allah Ta'ala mentions the salient qualities of the special servants of Rahman. One of the qualities is: "When they spend they do not waste, nor are they miserly, rather they spend moderately between the two."...READ MORE





AVOIDING PLACES OF TEMPTATION & VICE

The environment we live in is filled with challenges and distractions. A Muslim should be cautious and particular about the places he visits. Do not visit places or attend events were the possibility of vice or sin exists. These teachings are borne out by principles from the Qur'an and Sunnah.

Hazrat Uqbah bin Aamir sonce asked Rasulullah : "How can one gain salvation?" Rasulullah replied, "Control your tongue, let your house be sufficient for you (don't leave home unnecessarily) and cry over your sins (repent sincerely)." (Tirmizi)

One needs to be cautious about conduct when in public places. Hazrat Abu Sa'eed Khudri anarrates that Rasulullah said, "Be careful! Avoid sitting on the public roads." The people replied, "There is no way out of it as these are our sitting places where we have discussions (due to having small homes)." Rasulullah said, "If you must sit there, then observe the rights of the road." They asked, "What are the rights of the road?"...(Bukhari)...READ MORE



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Rasulullah * said: "Cleanliness is half of faith" (Muslim)

Whilst on journey, it becomes necessary to utilise public facilities at halfway stops, filling stations, train stations, parks, airports, etc.

Muslims should use these facilities considerately, especially when using the toilet and wash-basin for Wudhu. Whilst taking care of our Taharah (cleanliness), we should inconvenience others who would be using the same facility. Always be mindful of...READ MORE



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AVOID FIGHTS AND ARGUMENTS

Arguments, quarrels, fights, bullving. mocking and bad conduct have become common today among Muslims. Muslims seem to be fighting over just about everything, especially on social media. Disputes and arguments detrimental and weaken the resolve of a heliever

The conduct of a believer ought to be one of tolerance, forgiveness and understanding. The Qur'an says, "Obey Allah and His Rasool and do not fight among yourselves, lest you should lose courage and your strength diminishes. Be patient. Verily, Allah is with the patient." (Surah Anfal Verse 46)

To get along with others and keep people together one must exercise patience over their provocation and ignore their negative comments as far as possible. One should not be so rigid and uncompromising in one's opinion that if it was not accepted then it leads become angry one to argumentative...READ MORE



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First African G20 **Summit in History**

The 2025 G20 Johannesburg Summit marked the twentieth gathering of the Group of Twenty (G20), bringing together heads of state and government at the Johannesburg Expo Centre held on the 22nd to the 23rd of November 2025. It was the first G20 summit to take place on the African continent.

Including South Africa, countries such as the United States, United Kingdom, France, and Germany make up the G20. of whose members represent 85% of global Gross Domestic Product (GDP)...READ MORE

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New Home Affairs Citizenship Reinstatement Portal Launched

On Monday this week, Home Affairs Minister Dr Leon Schreiber announced the launch of the newest innovative Home Affairs Citizenship Reinstatement Portal, which aims to serve South Africans abroad, verifying, confirming, processing their citizenship status...READ MORE

Over 5 Million Pilgrims Performed Umrah

According to the Saudi General Authority for Statistics, 5.44 million pilgrims were recorded to have performed Umrah during the second guarter of 2025; of this number, 4.12 million were domestic.

With air travel accounting for the most popular means of entry into the Kingdom of Saudi Arabia, the most popular month for Umrah was revealed to be in April, which further indicated visitors to be 62.8% foreign pilgrims. and 52.1% domestic.

In line with the statistics released. Makkah received over 1.7 million pilgrims, and Medina recorded over 3.7 million, which included different types of travelers together with Umrah pilgrims.



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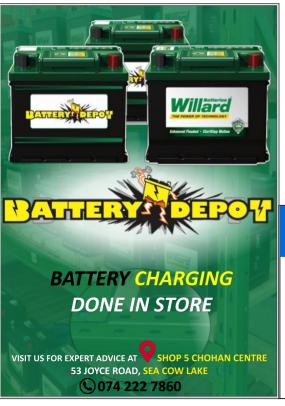


OUR BEHAVIOUR IN PUBLIC MUST BE EXEMPLARY

Nabi said, "I have been sent to perfect good character." (Bukhari)

The life of Nabi sis a universal example for humanity with the display of sublime character and noble conduct. The noble Qur'an heralds the character of Nabi sis Uswatun Hasanah - the most sublime example.

Islam impresses on Muslims to uphold good behaviour at all times. The unique nature of Islamic character is that it permeates all spheres of human behaviour. Good behaviour is a powerful form of Da'wah as it attracts people to the noble teachings of Islam through the practical expression of its adherents...READ MORE



BE MINDFUL OF THOSE AROUND YOU

Being mindful of those around you involves cultivating awareness, empathy, and consideration for others' thoughts, feelings, and needs.

The Noble Qur'an emphasises kindness towards parents, relatives, orphans, etc. Furthermore, one's duty of kindness and awareness goes beyond those closely related to everyone who one comes in touch with.

In Surah An-Nisa Allah Ta'ala states: "Worship Allah and associate nothing with Him, and to parents do good, and to relatives, orphans, the needy, the near neighbour, the neighbour farther away, the companion at your side, the traveller, and those whom your right hands possess." (4:36)

The neighbours and companions mentioned in this verse will include a person next to one in Salah, mode of transport or parking space. It will include study colleague's, co-workers, travel companions, meeting colleagues and virtually anyone who is close to you and who you interact with. Similarly, anyone who accompanied you who stood by your side at an important juncture in life...READ MORE



THE POWER OF

"la Houla Wa La Ouwwata Illa Billah"

Hazrat Abu Hurairah & narrates that Nabi 🍇 said to him, "Say, La Houla wa la Quwwata illa Billah excessively. Verily it is from the treasures of Jannah." (Tirmizi)

Hazrat Abu Hurairah an narrates that Nabi & said, "La Houla wa la Quwwata illa Billah" is a cure for 99 ailments, the lowest of which is grief." (Bayhagi)

'La Houla wa la Ouwwata illa Billah' is a concise yet profoundly comprehensive statement. Through it, one affirms the Oneness of Allah and expresses deep reverence, awe, and total dependence upon Him. It embodies total submission and entrusting one's affairs to Allah...READ MORE



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AT THE CROSSROADS?

YOUR LIFE CAN CHANGE AT ANY MOMENT

Life is full of pivotal moments, both big and small, that shape us in unimaginable ways. From everyday choices to life-altering decisions, each step we take, contributes to the path we walk

When you're standing at a crossroads, contemplating marriage, considering a financial leap, moving to a new city. starting a family, or even deciding to leave a marriage, the weight of the moment can feel immense. These turning points carry the power to redefine your future.

They demand clarity, courage, and sometimes, deep inner healing. It is in these moments that we are called to pause, reflect, and realign ourselves with our values, and connect with Allah Ta'ala.

THINK BEFORE YOU ACT!

In a world that glorifies speed and progression, the power of reflection is often overlooked. We are conditioned to be reactive and stay stimulated, leaving little room for stillness or soulsearching. Yet it is in those quiet, unrushed moments that the deepest insights often emerge...READ MORE





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10

PREMARITAL QUESTIONS

For You And Your Potential Spouse

Each of us is created uniquely, with our own strengths and weaknesses, needs, and aspirations. The premarital journey of choosing a spouse can feel intimidating. The decision carries immense weight. Marriage is not simply about companionship, but about committing to someone who will share life's trials, provide support, and be a source of comfort.

In Islam, marriage is far more than a legal contract. It is a sacred covenant rooted in tranquillity (Sakinah), affection (Mawaddah), and mercy (Rahmah), as the Qur'an beautifully reminds us:

"And of His signs is that He created for you from yourselves mates that you may find tranquillity in them; and He placed between you affection and mercy..." (Surah Ar-Rum 30:21)

To support you in this important step, here are 10 meaningful questions designed to spark reflection and assess compatibility...READ MORE



Q&A

What is the Islamic position on travelling for holidays?

In principle, to travel for a necessary or beneficial purpose is permissible in Islam. Travelling for education and to learn lessons is encouraged. To travel for permissible leisure, to take a rest and rejuvenate is also permissible.

Notwithstanding the above, a Muslim should always be cognisant of and sensitive to surroundings and environment. Avoid travelling to places where one will be exposed to immoral behaviuor and practices.

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Travel with the intention of seeing the greatness of Allah Ta'ala in His creation. Make Tadabbur (ponder) and Tafakkur (reflect) on the greatness of Allah Ta'ala. This can bring a person closer to Allah Ta'ala.

Whilst on travel, adhere to the laws of Islam and perform all Salah on time. Dress modestly and appropriately. Ensure the consumption of Halal food. Display one's best character at all times. Maintain the identity of a Muslim.

What distance does a person have to travel in order to become a Musafir?

If a person intends travelling a distance of more than 77km's, then one will be regarded as a Musafir.

How many days does a person have to stay in a place to be a Mugeem?

If a person intends travelling to and residing at a specific place for fifteen days or more, such a person will be regarded as a Mugeem (resident) in that place and will perform Salah in full. Staying for less than fifteen days will render a person Musafir.

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Is it permissible to perform Salah in a vehicle and in the aircraft?

It is not permissible to perform Fardh Salah in a moving vehicle when one is able to stop and perform Salah. However, it is permissible to perform Nafl Salah in a moving vehicle.

If the Salah time will expire before disembarking, then Salah maybe performed on the conveyance, provided the conditions are met.

With regards to air travel, Salah should be performed in the standing position where possible without inconveniencing others. If this is not possible, perform Salah whilst seated using gestures.

The Salah performed whilst seated should be repeated upon arrival at one's destination.

How do I ascertain the direction of Qiblah?

The direction of Qiblah depends on the location one is in. For example, if a person is in South Africa, then the Oiblah

would be in the North Easterly direction, or if a person is in India, the Qiblah would be towards the West. Since the sun rises in the East and sets in the West, one may ascertain the Qiblah direction accordingly.

Qiblah directions can be ascertained from the locals. One may also apply Taharri (reasoned estimation) and perform Salah accordingly.

Alternatively, one may use a reliable Qiblah application or compass as a means of assistance.

How do we know of the Salah times of the area we are in?

The Salah times of different areas are available on online platforms. Try to ascertain Salah times in advance as part of your travel planning.

What is the Awrah (compulsory area to cover) for a man and woman?

It is a minimum requirement for a man to cover his body from above his navel to below his knees whilst for a woman, it is necessary to cover her entire body besides her hands, face and feet.









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Youth of the Ummah Convenes 'Dads & Lads Overnight Camp'

During the weekend of 4th-5th October, the Youth of the Ummah (YOU) group; a Muslim youth development initiative of Darul Ihsan Humanitarian Centre; held a 'Dads & Lads Overnight Camp' at Sunset Ridge Farm, Camperdown.

Targeting learners between the ages of 6-12, the event aimed at bonding fathers to their sons by sharing quality time together. The programme kicked off on Saturday with great enthusiasm from both parties, with fathers and sons enjoying exciting activities such as paintball, archery, obstacle courses, ziplining, human foosball, wall climbing, and horse walking, amongst others.



'Made in Heaven' Marital Workshop

On Saturday, 13 October 2025, the Social Department, Guideline Islamic Counselling hosted a marital workshop, titled, 'Made in Heaven: Steps to Eternal Bliss', bringing together young women for a meaningful afternoon of learning, reflection, and spiritual insight on the theme of marriage in Islam.

The event began with a warm welcome by Social Worker, Meriam Mkhize, followed by Qiraat by Apa Aisha Memi. Guest speaker, Apa Aadila Kharsany delivered an insightful session on the Fiqh of Marriage, highlighting key aspects of the marital relationship from the lives of the wives of Nabi and the Sahabiyya (RA). Social Worker, Fathima Moolla followed with her presentation, Achieving Eternal Bliss, focusing on principles of Sakinah (tranquility), Mawaddah (love) and Rahma (mercy) in marriage.

Attendees then enjoyed refreshments and took part in a group-based reflective activity called Reflection Circles, which encouraged open sharing and introspection...READ MORE



LATEST AT DARUL IHSAN

Honouring Our Pious Elders (1860-1960)

A Programme in Appreciation of the Early Guiding Stars of KwaZulu-Natal

The Darul Ihsan Humanitarian Centre hosted a special series of programmes titled "Honouring Our Pious Elders (1860-1960)", in recognition and appreciation of the pioneering scholars and early Muslim personalities who established and strengthened Islam in KwaZulu-Natal. The programmes were held on the back of the book launched earlier, titles, The Early Guiding Stars of KwaZulu-Natal - 1860 to 1960.

The initiative aimed to highlight the significant contributions of the early Imams, Apas, Muazzins and Ulama who arrived between 1860 and 1960...READ MORE



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Inspiring 'Az-Zahra' Youth Event Revitalises the Beautiful Sunnah

On Saturday, 18 October, the Daughters of the Ummah (DOU) youth development initiative group hosted the event 'Az-Zahra' at Al-Falaah College, Durban, and saw an attendance of over 80 Muslimahs aged 9-15.

The programme opened with a Qirat pertinent to those who give preference to others over themselves, as the focus of the event was on the life of and lessons from Sayyidah Fatimah Az-Zahra (RA), beloved daughter of the Holy Prophet Muhammad (SAW) and Khadija (RA).

A biography of her life growing up was presented, including her struggles from a young age which highlighted her inspiring resilience in the face of exceptional challenges. Traits Fatimah (RA) were also discussed, encouraging attendees to adopt her pious qualities such as asceticism, modesty both outwards and inwards. and offering outstanding service to one's family by giving selflessly. The team motivated the youth present to emulate Fatimah (RA), as it is to emulate the great Sunnah in one's life...READ MORE



DINING AT A RESTAURANT THAT SERVES ALCOHOL

It is imperative for a Muslim to purchase and consume food that is Halal, pure and wholesome. Halal consumption is a critical requirement for the protection of Iman (faith) and spiritual progess. Islam deplores impermissible consumption to the extent that dining at a place where alcohol is served is detested.

In a narration Hazrat Jabir reports that Rasulullah said: "...And whosoever believes in Allah and the Last Day should not sit at a table where alcohol is being served" (Tirmizi)

The directive in this particular teaching is that Muslims should be fully

conscious of not only what is consumed but also about the venue. Carelessness with what is prohibited opens the gate to do the unlawful. Allah Ta'ala says, "And do not incline towards the wrongdoers, lest the Fire should afflict you, and you shall have no supporter other than Allah, then you shall not be helped." (Surah Hud, Verse 113)

The unfortunate reality is that some Muslims frequent eateries where alcohol is served with the assumption that they are consuming the food and not the prohibited drink. This is also a disservice to Islam as we are portraying a negative image of Muslim practice...READ MORE

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